

Take a Walk On the 'Wild' Side



This book is a compilation of ten journals describing the weekly rambles of a group of elderly walkers in the northwest of England.

Suitable for any reasonably fit person to achieve, these walks have been chosen to cover the full region in which the group operates. Each walk is heavily illustrated to assist the reader in their rambles, with the book boasting more than 320 photographs.

The average age of their group is well over 70, so if they can do it, so can you!

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For further information on this title and others by Melrose Books please contact:

Marketing: marketing@melrosebooks.com

Sales: sales@melrosebooks.com

Phone: 01353 646 608

Address: St Thomas' Place, Ely, Cambridgeshire, CB7 4GG

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