



Party yourself into shape with the new Latin inspired easy- to- follow calorie burning dance fitness party.

All you need to do is feel the music and let loose.

ZUMBA CLASSES

When - THURSDAY

**Where - Mawdesley Methodist Church Hall,
Gorse Lane, Mawdesley**

Time - 6.30pm till 7.30pm

Cost - £4.00 per class

**For more information contact Louise on 07920281935 or
email louisezumba@hotmail.com**

**I look forward to seeing you there as you join the
ZUMBA PARTY !!!**